

RvZ cwi wPwZ

weAvi 25 GKwU Avgb avtbi RvZ | evsj vt` k avb Mtel Yv Bbw- wUDU 1992 mvtj G RvZ D^meb Kti tQ | Gi Rbwcbj bvg bqvcvRvg | weAvi 25 ev bqvcvRvg avtbi is I AvKwZ Ges Pvtj i AvKvi GK`g cvRvtgi gZ | bqvcvRvg cvRvg RvtZi PvbZ dj b tekxt` q |



weAvi 25

RvtZi `ewkó`

- ▶ bqvcvRvtgi D^pZv 138 tmwUvgUvi |
- ▶ KvU gReY |

G RvtZi wefkl cQvRbxqZv

weAvi 25 GKwU ga`g RxebKvj m^ub^uavb | G avb Pvl Kti Avgb ci eZPi we dmj , thgb- Mg, Wj , meWR BZ`w` dmj mgqgZ Pvl vev` Kiv mnR nte | ZvQvov Pvtj i evRvi gj` tekxnl qvq K.I.K j vfevb nteb |

RxebKvj

Gi RxebKvj 135 w`b

dj b

dj b tn±i cQZ 4.5 Ub |



Pvl vev` c^xwZ

1. exRZj vq exR ecb : 1-30 Avl vp (15 Rp-15 Rj vB) |
2. Pvi vi eqm : 25-30 w`b |
3. tivcY` tZj : 25 x 15 tmwUvgUvi |
4. mvi e`e`vcbv (tKwR/weNv) :

4.1	BDwi qv	wJGmwc	Ggwc	wRcmvg	wR¼
	20	14	9	8	1.5

4.2 BDwi qv mvi mgyb 3 wKw`tZ Rvg `Zwi i tkl ch^q, tivctYi 20-25 Ges 45 w`b ci cQvM Ki tZ nte | Zte Gj wmw wf^wEK BDwi qv mvi cQvM Kiv DEg |
5. AvMvQv` gb : tivctYi AšZ 1 gym chšI Rvg AvMvQv³ i vLv Avek`K |
6. tmPe`vcbv : Pvj k³ nI qv chšI cQvRt^b m^ui K tmP w`tZ nte |
7. tivMevj vB` gb : bqvcvRvg ev[±], cvZvtcrov tivM Ges cvgwi tcvKvi AvmgtY ga`g cQZti vakxj | Abtgm`Z` gb e`e`vcbv Abymi Y Ki tZ nte |
8. dmj cvKv I KvUv : 1-15 AMhvqY (15-30 btf^u) |