

RvZ cwi wPwZ

weAvi 5 ev `j vtfvM Avgb tgsmtgi avb | `vbxq ev` kvtfvM avb t`tK
weix mwi evQvBKitYi c×wZtZ weAvi 5 evsj vt` k avb Mtel Yv
Bbrw- wUDU 1976 mtj DTMeb Kti |



weAvi 5

RvtZi ^ewkó

- ▶ G avtbi Pvtj mMÜ AvtQ weavq tcvj vl Kivi Rb` LpB DcthvMx |
- ▶ Gi D`PZv 120 tmwUwgUvi |
- ▶ Pvj tQvU l tmvj vKwZ |

G RvtZi wefkl c0qvRbxqZv

weAvi 5 GKwU Avtj vK mste` bkxj RvZ etj fv`gvfmi gvSvgnwS chSlecb Kti fiv dj b cvl qv hvte | A_@ bvx
Pvti l Rb`l G RvZwU Dch³ | dj bl `vbxq RvtZi Zj brq c0q w0_Y Ges evRvi gj` fiv weavq G RvZ Pvl Kti
Kl.KMY j vfevb ntZ cvti b |

RxebKvj

G RvtZi RxebKvj 150 w` b |

dj b

tn±i c0Z 3 Ub |



Pvl vev` c×wZ

1. exRZj vq exR ecb t 10-15 kteY (25-30 Rj vB) |
2. Pvi vi eqm t 25-30 w` b |
3. tivcY` t Zjt 20 x 15 tmwUwgUvi |
4. mvi e`e`vcbv (tKwR/weNv) t

4.1	BDwi qv	wJGmwc	Ggwc	wRcmvg	wR¼
	20	13	9	8	1.5

4.2 BDwi qv mvi mgvb 3 wKw`tZ Rwg`Zwi i tkl ch0q, tivctYi 20-25 Ges 60 w` b ci c0qvM KitiZ nte |
Zte Gj wmw wfwEK BDwi qv c0qvM Kiv DEg |
5. AvMvQv` gb t tivctYi ci A`Z 30-40 w` b chSIRwg AvMvQvg³ i vLv Avek`K |
6. tmP e`e`vcbv t avtbi Pvj k³ nI qv chSic0qvRtb m±úitK tmP w` tZ nte |
7. tivMevj vB` gb t weAvi 5 Ustiv l ev÷ tivM c0Zti vakxj RvZ |
8. dmj cvKv l KvUv t 10-15 AMhvqY (25-30 btf±t) |