d¨v± kxUt †ev‡iv av‡bi RvZ

we evsjv‡`k avb M‡elYv Bbw÷wUDU

RvZ cwiwPwZ

evsjv‡`k avb M‡elYv Bbw÷wUDU cix¶v-wbix¶v K‡i nweMÄ I mbvgM‡Äi nvlo GjvKvi Dc‡hvMx e‡j G RvZwU B‡›`v‡bwkqv †_‡K G‡`‡k ceZb K‡i‡Q| GwU 1985 mv‡j †ev‡iv †gŠm‡g Pvlvev‡`i Rb¨ weAvi19 bv‡g RvZxq exR †ev‡Wi Ab‡gv`b jvf K‡i| G Rv‡Zi Rbwcq bvg g½j|

Rv‡Zi ˆewkó¨

- Mv‡Qi KvÐ j¤v wKš gReZ
- Mv‡Qi D”PZv 110-115 †mw›UwgUvi
- cvZv Ges KvÊ Mvp meR
- wWMcvZv †QvU I Lvov
- cvKvi mgq wkl Dc‡i _v‡K
- Pvj j¤v, mi‡ Ges ¯”Q
- fvZ SiS‡i Ges †L‡Z m¯v`

wPÎ:weAvi18 avb

RxebKvj: G Rv‡Zi RxebKvj exR ecb †_‡K cvKv chš 165-170

djb: djb †n±icwZ 6.0-6.5 Ub|

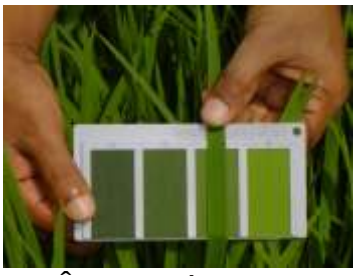
Pvlvev` c×wZ

1. Pviv ˆZwi t 15 b‡f¤i - 22 wW‡m¤i
2. ecb I †ivc‡Yi mgq t Rvbqww i
3. mvi c‡qvM (†KwR/weNv) t

BDwiqv	wUGmwc	Ggwc	wRcmvg	`¯v
30-40	7-14	8-16	4-11	0.7-1.0

3.1 BDwiqv mvi wZb wK¯‡Z c‡qvM Ki‡Z n‡e|
c_g Dcwi c‡qvM t †ivc‡Yi 15-20 w`b ci
wØZxq Dcwi c‡qvM t †ivc‡Yi 35-40 w`b ci| BDwiqv c‡qv‡Mi ci mvi gwUi mv‡_ wgwk‡q w`‡Z n‡e|
ZZxq Dcwi c‡qvM t †ivc‡Yi 50-55 w`b ci|

3.2 BDwiqv c‡qv‡Mi mwVK mgq wbY‡qi Rb¨ wjd Kvjvi PvU e¨envi Ki‡Z n‡e|



wPÎ: Gjwmwm w`‡q av‡bi cvZvi iO wgwj‡q BDwiqvi Pwn`v wbaviY

4. AvMvQv `gb t †ivc‡Yi 45 w`b chš Rwg AvMvQvg³ ivL‡Z n‡e|
5. †mP t †_vi Ae¯'v †_‡K `vbv `a Ae¯v chš Rwg‡Z chvß cwb ivL‡Z n‡e|
6. dmj KvUv t †g

gše¨

nvlo evli Avi wej-wejvÂ‡j G Rv‡Zi Avev` Kiv DwPZ| KviY Gi KvÐ j¤v, ZvB avb cvKvi mgq nVvr eb¨vq gv‡V †Kvgi cwb n‡j I dmj KvUv hvq|

mn‡hvwMZvq: AvšRwZK avb M‡elYv Bbw÷wUDU