



RvZ cwi vPvZ

weAvi 22-Gi gZB weAvi 23 (w`kvi x) GKwU bvx Avgb avtbi RvZ | A_@ eb'v-cieZ@tivcY Dc#hvMx Avtj vK mste`bkxj RvZ | evsj vt`k avb Mtel Yv Bbv=-WUDU 1988 mvtj G RvZ D^mweb Kti | Zte Avtj vK mste`bkxj weavq Gi RxebKvj ecb I tivcY mgqtqi Dci wbfPKxj |



weAvi 23

RvtZi ^ewkó

- ▶ Gi D^PZv 120 tmwUwgUvi |
- ▶ GwUj eYv^3 Zv mwnòzRvZ |
- ▶ Gi Pvj j ^@, wPKb I mv`v |

G RvtZi wefkl c@qvRbxqZv

evsj vt`tki Avev`x Rvigi c@q A#A#B eb'vc@Y Ges tKvb tKvb e`wZm@gx eQti 60% -Gi I tekx Gj vKv eb'v Keij Z n#Z cvti | mrvavi YZ AvZwi ^3 epxcv#Zi Kvi #Y Avgb tgsmtg eb'v t`Lv t`q Ges avb Pvl @wZM@ I wej w#Z nq | Avgb avtbi Rvigi c@q 22% eb'v c@Y Gj vKvq | GmKj Gj vKvq weAvi 22 (wKi Y), bvBRvi kvBj I webkvBj avtbi gZB weAvi 23 bvx Avgb wnmvte Pvl Kivi Dc#hvMx | G Kvi #Y t`tki `w@YvA#tj RvZwU tek Rbvc@ Ges tRvqvi fvUv Keij Z A#tj I bvx ti vcv Avgb wnmvte Pvl #hvM` |

RxebKvj

Gi RxebKvj 150 w`b |

dj b

weAvi 23-Gi dj b tn±i c@Z 5.5 Ub |



Pvl vev` c#wZ

1. exRZj vq exR ecb : Avl vp - k#eY, Zte bvx: k#e#Yi tkl chSÍ (15 Rp-15 AvMó) |
2. Pvi vi eqm : 30-50 w`b (bvx tivc#Yi t@#t Pvi vi eqm tekx nI qv Avek`K) |
3. tivc#Yi mgq : `vfw#K Ae`vq k#eY-fv`a (bvx: AvwK#bi i i#t`#K gvSv#wS chSÍ A_@ tm#P#ti i 15-30 chS) |
4. tivcY `#Zj : 25 x 15 tmwUwgUvi |
5. Pvi v tivcY : bvx tivc#Yi t@#t GKUztekx eqtmi Pvi v Nb Kti j vM#Z nte |
6. mvi e`e`vcbv (tKwR/weNv) :

6.1	BDwi qv	wUGm#c	Gg#c	wRcmvg	wR¼
	24	13	9	8	1.5

6.2 BDwi qv mvi mgvb 3 wKw`#Z Rvq ^Zwi i tkl ch@q, tivc#Yi 20-25 Ges 60 w`b ci c@qM Ki#Z nte | Zte Gj wmm wfvEK BDwi qv mvi c@qM Kiv DEg |
7. tmP e`vcbv : Pvj k^3 nI qv chSÍ c@qvR#b m#ú#K tmP w`#Z nte |
8. AvMvQv `gb : tivc#Yi ci A#Z 40 w`b AvMvQv# i vL#Z nte |
9. ti vMevj vB `gb : Ab#gv` Z c#wZ Ab#ni Y#hvM` |
10. dmj KvUv : AM@vqY gvm (15 b#f#f-15 wM#m#f) |